



“FUN & FITNESS” FEST

Join us for a great day of **FREE** fun & fitness for the whole family!

Saturday, September 22th • 12:00 pm – 2:00 pm

Macomb Corners Park – Phase II

25 Mile (1 mile East of Romeo Plank on the North side)



Celebration Includes:

- ❖ **Free lunch with healthy options available (12-1:30pm)** for 1st 1,000 guests
- ❖ **Concert in the Park – Julian Pavone** Guinness World Record Holder & Youngest Professional Drummer will be performing with his band, “The Julian Pavone Experience ! (200+ TV Shows- Oprah etc!)
- ❖ **Kidzone with inflatables & fitness zone**
- ❖ **Family ‘Fun Run/Walk’ (Raffle prizes – Dick’s Gift Certificates (2) \$50 / (2) \$25/ (5) \$10**
- ❖ **Kick Start toddler soccer (ages 2-5 yrs)**
- ❖ **Family volleyball w/ giant volleyballs**
- ❖ **Zumba & Boot Camp mini sessions with Maria Marinos Fitness Pro**
- ❖ **Farmer’s Market Stand(s)**
- ❖ **Punt, Pass & Kick Football Contest (11:30 registration at field – must have birth certificate!)**
- ❖ **Free raffles & Giveaways!**
- ❖ **Strolling entertainment (Giggles the Clown & Juggle Boy Nick)**

Sponsored by:

American Cleaning Company • Macomb Rotary Club
Henry Ford Macomb – Hospitals • Dick’s Sporting Goods
Deneweth’s Garden Center • Team Rehabilitation
Event Friends: Stamper Property Management